

Service Directory

SHORT TERM STAYS

New Directions provides three short term residential options.

Aintree Lane

4 bed Short stay home for adults who are living with physical and learning disabilities and complex needs.

WHAT WE OFFER

**4 bed and homely place to stay
Lovely garden area
Lots of amenities, ideally located with visits to pubs and restaurants, cinemas, bingo centres, and other activities residents are interested in.**

Service Manager: Elizabeth Robinson

89 Aintree Lane, Aintree, Merseyside, L10 2JJ
Email: aintreehudson@ndirections.co.uk
Telephone: 0151 526 0090

The Poplars

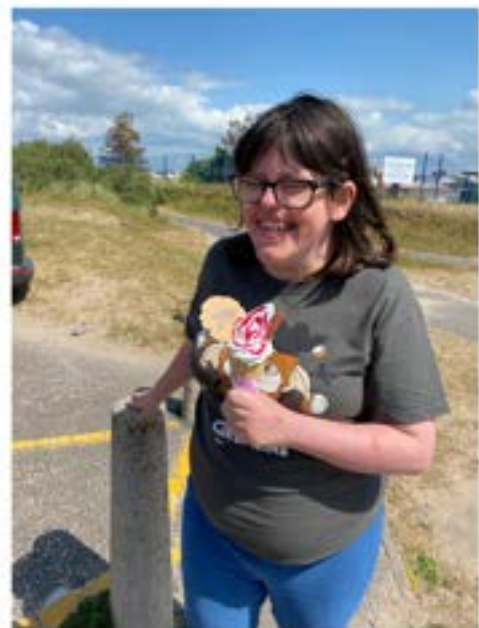
6 bed short stay home for adults who are living with physical and learning disabilities and complex needs.

WHAT WE OFFER

**Ensuite bedrooms
Beautiful garden
Specialist furnishings and facilities
Entertainment visits, bowling, garden centres, trips to pubs and restaurants.**

Service Manager: Victoria McTaggart

2 Poplar Street, Southport, PR8 6DX
Email: poplars@ndirections.co.uk
Telephone: 01704 535118



RESIDENTIAL SERVICE

Hudson Road

Hudson Road is a small five-bedded home in Maghull for adults with learning disabilities, physical disabilities, and complex needs.

WHAT WE OFFER

5 bed home offering a real homely environment for over 30 years, providing dedicated care and support.

Service Manager: Elizabeth Robinson

2 Hudson Road, Maghull L31, 5PA

Email: aintreehudson@ndirections.co.uk

Telephone: 0151 531 9595



DAY OPPORTUNITIES

WHAT WE OFFER

New Directions provides a range of day opportunities which promote independence, well-being and inclusion. The following locations deliver opportunities for adults with learning and physical disabilities, people with high support needs and autistic people.

South Hub

Service Manager: Nikki Ferguson

156 Park Lane, Netherton, L30 1RW

Email: nikki.ferguson@ndirections.org

Telephone: 0151 705 6677

North Hub

Service Manager: Paula Scott

Mornington Road, Southport, PR9 OTS

Email: northhub@ndirections.org

Telephone: 01704 829480



DAY OPPORTUNITIES FOR OLDER ADULTS

WHAT WE OFFER

New Directions offers many opportunities and activities for older adults, who have various needs.

WATERLOO PARK DAY SERVICE

WHAT WE DO

We deliver a day service for adults over sixty with additional needs including early stage dementia, physical and learning disabilities.

Activities include: chair based exercises, singing, crafts and flower arranging, quizzes, lunches, afternoon teas, and trips out.

Service Manager: Michelle Colleran

8 Haigh Road, Waterloo, Merseyside, L22 3XP

Email: michelle.colleran@ndirections.org

Telephone: 0151 949 0511

BROOKDALE SPECIALIST DEMENTIA DAY SERVICE

WHAT WE DO

Brookdale is a specialist day service for people who are living with varying stages of dementia.

As an integrated service with the Mental Health Trust (Mersey care) the centre provides on-going mental health assessments, with regular medical reviews by a Consultant Psychiatrist.

Brookdale service is designed to reduce the pressure on carers, and to help them navigate through an exceptionally difficult period.

Service Manager: Salwa Moustafa

Sandbrook Way, Ainsdale, Southport PR8 3RN

Email: brookdale@ndirections.co.uk

Telephone: 01704 571026



INTERMEDIATE CARE SERVICES

We offer a range of intermediate care services.

Reablement and Crisis Response Service

WHAT WE DO

Reablement is a short term support service which enables people to regain skills they need for independent daily living.

Service Manager: Elaine Dow

10 Magdalen Square, Bootle L30 5QH
Email: reablement@ndirections.co.uk
Telephone: 0151 347 7834

Chase Heys

WHAT WE DO

Chase Heys provides enabling care and to support people to recover following discharge from hospital.

Service Manager: Nicky Maguire

26 Chase Heys, (Off Bibby Road), Churchtown,
Southport PR9 7LG
Email: chase@ndirections.co.uk
Telephone: 01704 214279

James Dixon Court

WHAT WE DO

James Dixon Court provides 8 permanent residential beds and 14 enabling beds. The purpose of the enabling beds is to support people to recover and regain independent living skills following discharge from hospital.

Service Manager: Neil Willis

Harrops Croft, Bootle L30 0QY
Email: neil.willis@ndirections.org
Telephone: 0151 705 0320/1/2



SHARED LIVES AND SUPPORTED LIVING

SHARED LIVES

Shared Lives offers an alternative and flexible type of accommodation, care and support for adults. Living with family in the local community. People who live in a Shared Lives setting actively share in the lives and activities of host families.

Service Manger: Karen Bennett

28 Chase Heys, (Off Bibby Road), Churchtown,
Southport, PR9 7LG
Telephone: 01704 829514

SUPPORTED LIVING

Our Supported Living service provides tenancies for adults to live independently in a shared home. Homes are in Southport and Bootle areas.

Acting Service Manager: Cathy Swailes

28 Chase Heys, (Off Bibby Road), Churchtown,
Southport, PR9 7LG
Email: cathy.swailes@ndirections.org
Telephone: 01704 829514

WOODLANDS

Woodlands provides tenancies within recovery based accommodation to support people mental health difficulties to enable them to have a meaningful and fulfilling life.

Service Manager: Hayley Lomas

13-15 St Edmonds Road, Bootle, Merseyside, L20 7AJ
Email: woodlands@ndirections.co.uk
Telephone: 0151 922 5577



CREATIVE DAY OPPORTUNITIES

New Centre Stage Performing Arts

New Centre Stage provides training and development opportunities in performing arts, and is part of our South Hub. Skills are achieved in singing, dancing and acting.

Regular stage experience is available at New Centre Stage and other venues across Sefton. NVQ qualifications in performing arts are available.

NEW CENTRE STAGE

Service Manager: Nikki Ferguson

David Brown Centre

Magdalen Square

Bootle L30 5QH

Email: nikki.ferguson@ndirections.org

Telephone: 0151 705 1841

New Leaf garden centre is a member of our creative services family and part of our North Hub situated in Southport next to Victoria park the home of the annual flower show.

NEW LEAF

Service Manager: Paula Scott

Park Lodge, Rotten Row

Southport PR8 2BZ

Email: paula.scott@ndirections.org

Telephone: 01704 562406

Further information can be obtained by looking at New Direction's website:

www.ndirections.co.uk or contacting

one of our services directly or our

Head Office on 0151 705 0300 or email at

info-nd@ndirections.co.uk



Our mission - to enable and promote healthy, fulfilling, and independent lives

An extensive consultation exercise was conducted with individuals who use our services about the things that are important to them. These values, determined by people who use our services, now define what we believe in and how we behave as individuals and as an organisation.



To find out more please visit

www.youtube.com/@new-directions

www.facebook.com/ndirections.org

www.twitter.com/@NDirectionsCare

www.instagram.com/newdirectionssefton

