



CONTACT US

Please see below on how to contact us at Waterloo Park.

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WATERLOO PARK
SERVICE
BROCHURE

ABOUT WATERLOO PARK

Waterloo Park, is a friendly uplifting service for people over the age of sixty. Some of those who attend have additional support needs or are living with the early stages of dementia.

Waterloo Park promotes physical and mental well-being in a safe, spacious and well-equipped environment. Waterloo has a fully accessible building and garden. We sit in a leafy area in the heart of Waterloo with excellent links with community facilities.

Our dedicated team follows a person-centred approach with choice, dignity, and respect being paramount. We promote independent and support people to remain in their own homes for as long as possible.

We offer very high standards of care. Due to extensive equipment and training. We can meet most aspects of our users physical care needs.



SERVICE MANAGER

MICHELLE COLLERAN AND HER TEAM

Here at Waterloo Park, we are a staff team of 12, with many years of experience that far exceeds in quality for the care sector. We deliver a wide range of activities to suit individual needs.

We are not a 1 size fits all service. We are innovative in adapting to the changing needs of people.

Staff have so many skills, a great deal of experience and many hidden talents, some which are used to develop our service.

The team are dedicated to follow a person centred approach with choice, dignity and respect being paramount.

We thrive to promote independence and support people to remain in their own homes for as long as possible enabling a fulfilled and active life.

ABOUT THE PEOPLE WE SUPPORT

At Waterloo Park we support adults over the age of 60, who reside in Sefton and are assessed as meeting the criteria to access Day Services

People we support have a wide range of disabilities and needs, including physical disabilities, early stages of dementia, learning disabilities, frailty, complex health needs, mental health needs and social isolation.

We are well equipped and staff are trained to support people with mobility, moving and handling requirements and personal care needs.

People we support are encouraged to maintain their independence and remain within their own homes for as long as possible.

People we support often live alone or with family and lack mental or physical stimulation and social interaction.

WHAT WE DO

We currently offer a Day Service for up to 16 people each day, Monday-Friday, 10.00am -4.00pm excluding Bank Holidays.

We provide a thorough assessment process to ensure people feel safe at the centre, reassured that their needs are met and their individual interests, preferences, goals and aspirations are a fundamental part of their care.

We offer a stimulating, friendly environment with therapeutic activities planned daily to enrich people's lives. We offer a mix of large group, small group and 1-1 activities to engage people and promote a person-centred outcome.



Working together with other professionals, we provide a wide range of support to meet the changing needs of our people, including links with Occupational Therapists, Speech Therapists, Memory Clinic, Incontinence team, District Nurses, Community Assessors, and social workers.

We have links with other organisations to access a wide range of resources for our people, including Sefton Opera, food banks, dementia friends and the Alzheimer's society.



We are members of the local community and work with many organisations including Plaza Cinema for Dementia Friendly Screenings, Ireneous singing group, Crosby Library, Brooklands Bowling Club plus we love to support our local cafes and pubs.

We arrange social opportunities for carers and families to visit and we are always available to offer carers guidance, encouragement, advice and support.

Our staff are dedicated to meeting each person's individual needs, taking into consideration their preferences, wishes and aspirations for future care.



Impacts & Outcomes

Waterloo Park At a Glance

For 2023

AT A GLANCE



Community groups engaged, providing health, education, employment, cultural and community opportunities



People supported each week



Hours offered, Mon-Fri, 1000 -1600



Social, therapeutic and wellbeing activities offered



People supported with complex needs, ASD, learning and physical disabilities

OUR ACTIVITIES

A section about our activities

Introduction

We offer a host of simulating activities designed to meet a range of needs such as social, educational, vocational, emotional, therapeutic and leisure.

We work with many organisations including Plaza Cinema, Alzheimer's Society, Sefton OPERA, Iraneous Centre and local schools We also fundraise for many local charities.

Main activities that we do

Some of our regular activities include:

Crafts, Local History and educational trips, Reminiscence, Pampering, Chair based exercises, Quizzes and Games, Cooking and Baking, Horticulture, Music and Singing, Social Visits and cinema visits.

And many more.



ABOUT NEW DIRECTIONS

Who We Are

New Directions was established by Sefton Council in 2007 as the first local authority trading company in the country which remains at the forefront of the adult social care sector in the borough and beyond.

Our organisation works with individuals with learning and physical and learning disabilities and older people to live rewarding and fulfilling lives through person-centered support and care. While also providing peace of mind for families and loved ones.

Our team of more than 350 enthusiastic and caring staff provides a wide range of high-quality services for 720 individuals each day across numerous care settings

OUR CORE VALUES



Big Hearted

We are proud of the quality of care, empathy and kindness we offer to the people we support and each other.



Count On Us

We act in a way that you can rely on us to be able to meet the needs of the people we support and each other.



Together As One

We take pride in working as a team to deliver a very person centred service.



People Focused

We recognise the importance of transparency, trust, recognition and development within our workforce.