New directions

Caring • Inspiring • Empowering

Service Directory

NEW DIRECTIONS:

SHORT TERM STAYS

New Directions provides three short term residential options.



Aintree Lane

4 bed Short stay home for adults who are living with physical and learning disabilities and complex needs.

WHAT WE OFFER

4 bed and homely place to stay
Lovely garden area
Lots of amenities, ideally located with visits to pubs and restaurants, cinemas, bingo centres, and other activities residents are interested in.

Acting Service Manager: Tim Johnson
89 Aintree Lane, Aintree, Merseyside, L10 2JJ
Email: Tim.Johnson@ndirections.org
Telephone: 0151 526 0090



The Poplars

6 bed short stay home for adults who are living with physical and learning disabilities and complex needs.

WHAT WE OFFER

Ensuite bedrooms
Beautiful garden
Specialist furnishings and facilities
Entertainment visits, bowling, garden centres, trips to pubs and restaurants.

Service Manager: Victoria McTaggart
2 Poplar Street, Southport, PR8 6DX
Email: poplars@ndirections.co.uk
Telephone: 01704 535118

RESIDENTIAL SERVICE

Hudson Road

Hudson Road is a small five-bedded home in Maghull for adults with learning disabilities, physical disabilities, and complex needs.



WHAT WE OFFER

5 bed home offering a real homely environment for over 30 years, providing dedicated care and support.

Service Manager: Cathy Swailes
2 Hudson Road, Maghull L31, 5PA
Email: aintreehudson@ndirections.co.uk
Telephone: 0151 531 9595





DAY OPPORTUNITIES

WHAT WE OFFER

New Directions provides a range of day opportunities which promote independence, well-being and inclusion. The following locations deliver opportunities for adults with learning and physical disabilities, people with high support needs and autistic people.



South Hub

Service Manager: Nikki Ferguson
156 Park Lane, Netherton, L30 1RW
Email: nikki.ferguson@ndirections.org
Telephone: 0151 705 6677

North Hub

Service Manager: Paula Scott
Mornington Road, Southport, PR9 OTS
Email: northhub@ndirections.org
Telephone: 01704 829480





DAY OPPORTUNITIES FOR OLDER ADULTS

WHAT WE OFFER

New Directions offers many opportunities and activities for older adults, who have various needs.



WATERLOO PARK DAY SERVICE

WHAT WE DO

We deliver a day service for adults over sixty with additional needs including early stage dementia, physical and learning disabilities.

Activities include: chair based exercises, singing, crafts and flower arranging, quizzes, lunches, afternoon teas, and trips out.

Service Manager: Michelle Colleran
8 Haigh Road, Waterloo, Merseyside, L22 3XP
Email: michelle.colleran@ndirections.org
Telephone: 0151 949 0511



BROOKDALE SPECIALIST DEMENTIA DAY SERVICE

WHAT WE DO

Brookdale is a specialist day service for people who are living with varying stages of dementia.

As an integrated service with the Mental Health Trust (Mersey care) the centre provides on-going mental health assessments, with regular medical reviews by a Consultant Psychiatrist.



Brookdale service is designed to reduce the pressure on carers, and to help them navigate through an exceptionally difficult period.

Service Manager: Salwa Moustafa
Sandbrook Way, Ainsdale, Southport PR8 3RN
Email: brookdale@ndirections.co.uk
Telephone: 01704 571026

INTERMEDIATE CARE SERVICES

We offer a range of intermediate care services.



Reablement and Crisis Response Service

WHAT WE DO

Reablement is a short term support service which enables people to regain skills they need for independent daily living.



Service Manager: Elaine Dow
10 Magdalen Square, Bootle L30 5QH
Email: reablement@ndirections.co.uk
Telephone: 0151 347 7834

Chase Heys

WHAT WE DO

Chase Heys provides enabling care and to support people to recover following discharge from hospital.



Service Manager: Nicky Maguire
26 Chase Heys, (Off Bibby Road), Churchtown, Southport PR9 7LG
Email: chase@ndirections.co.uk
Telephone: 01704 214279

James Dixon Court

WHAT WE DO

James Dixon Court provides 8 permanent residential beds and 14 enabling beds.
The purpose of the enabling beds is to support people to recover and regain independent living skills following discharge from hospital.

Service Manager: Neil Willis
Harrops Croft, Bootle L30 0QY
Email: neil.willis@ndirections.org
Telephone: 0151 705 0320/1/2

SHARED LIVES AND SUPPORTED LIVING



SHARED LIVES

Shared Lives offers an alternative and flexible type of accommodation, care and support for adults. Living with family in the local community. People who live in a Shared Lives setting actively share in the lives and activities of host families.

Service Manger: Karen Bennett
28 Chase Heys, (Off Bibby Road), Churchtown,
Southport, PR9 7LG
Telephone: 01704 829514



SUPPORTED LIVING

Our Supported Living service provides tenancies for adults to live independently in a shared home. Homes are in Southport and Bootle areas.

Registered Service Manager: Cathy Swailes
28 Chase Heys, (Off Bibby Road), Churchtown,
Southport, PR9 7LG
Email: cathy.swailes@ndirections.org
Telephone: 01704 829514

WOODLANDS

Woodlands provides tenancies within recovery based accommodation to support people mental health difficulties to enable them to have a meaningful and fulfilling life.



Service Manager: Hayley Lomas
13-15 St Edmonds Road, Bootle, Merseyside, L20 7AJ
Email: woodlands@ndirections.co.uk
Telephone: 0151 922 5577

CREATIVE DAY OPPORTUNITIES

New Centre Stage Performing Arts



New Centre Stage provides training and development opportunities in performing arts, and is part of our South Hub. Skills are achieved in singing, dancing and acting.
Regular stage experience is available at New Centre Stage and other venues across Sefton. NVQ qualifications in preforming arts are available.

NEW CENTRE STAGE

Service Manager: Nikki Ferguson
David Brown Centre
Magdalen Square
Bootle L30 5QH
Email: nikki.ferguson@ndirections.org
Telephone: 0151 705 1841

New Leaf garden centre is a member of our creative services family and part of our North Hub situated in Southport next to Victoria park the home of the annual flower show.



NEW LEAF

Service Manager: Paula Scott
Park Lodge, Rotten Row
Southport PR8 2BZ
Email: paula.scott@ndirections.org
Telephone: 01704 562406

Further information can be obtained by looking at New Direction's website: www.ndirections.co.uk or contacting one of our services directly or our Head Office on 0151 705 0300 or email at info-nd@ndirections.co.uk

New directions

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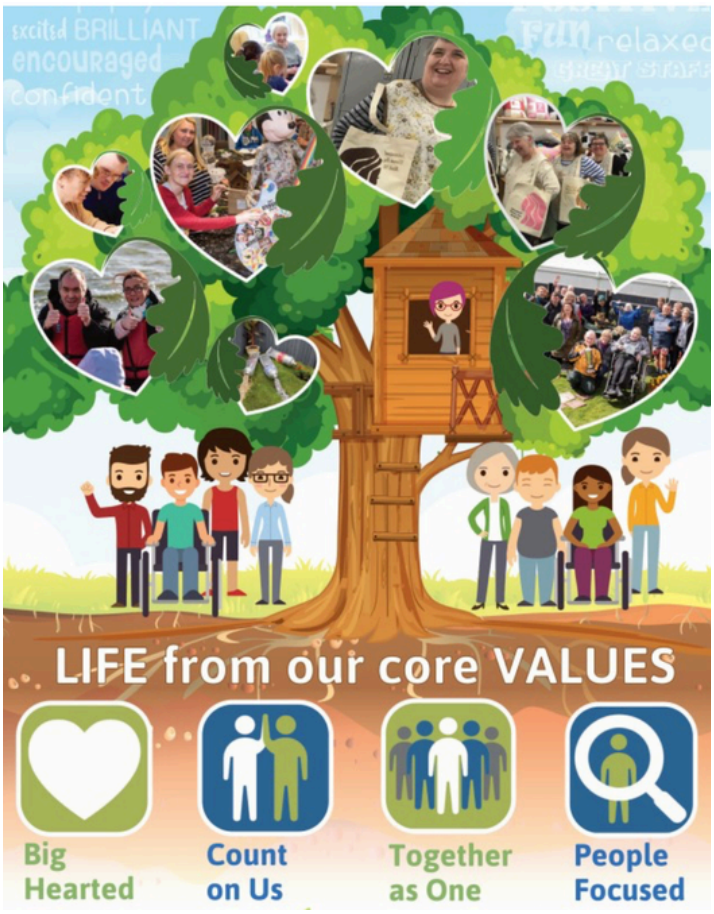
Our mission - to enable and promote healthy, fulfilling, and independent lives

An extensive consultation exercise was conducted with individuals who use our services about the things that are important to them. These values, determined by people who use our services, now define what we believe in and how we behave as individuals and as an organisation.



New Directions
First Floor
Magdalen House
30 Trinity Road
Bootle L20 3NJ

T: 0151 705 0300
E: info-nd@ndirections.co.uk
www.ndirections.co.uk

To find out more please visit

www.youtube.com/@new-directions

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